

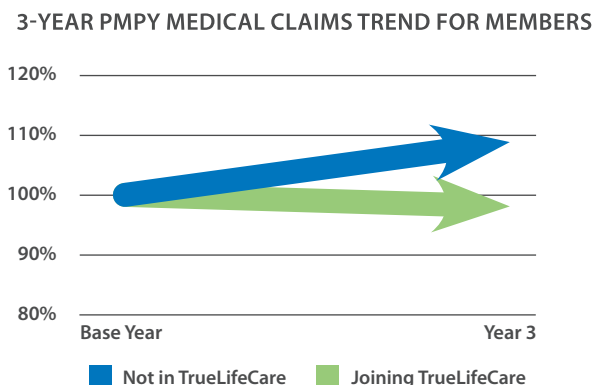
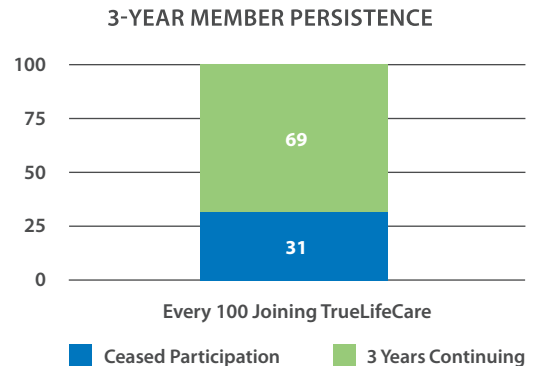
Saving Companies and Taxpayers Money



Reduce Medical Costs With TrueLifeCare

Each year, businesses and organizations examine budgets and look for ways to manage costs and save money. It is an important annual task for government entities, as well, which rely on taxpayer money for funding. That process led a large municipality to become a TrueLifeCare partner. After seeing that 9% of its health plan members with diabetes consistently accounted for more than 24% of the total claims paid, this group brought in TrueLifeCare's confidential support program to help.

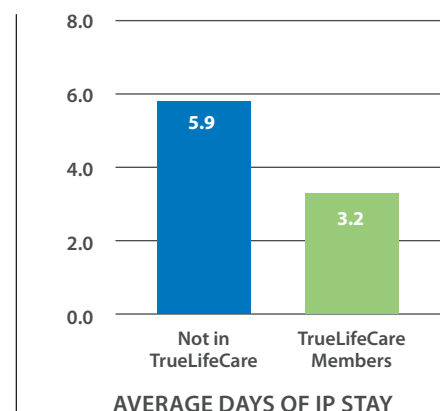
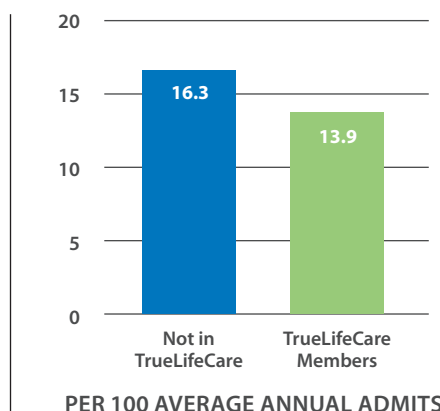
The TrueLifeCare program is voluntary for health plan members. Our mission is to help people with diabetes manage this condition through lifestyle changes with the help of a personal RN Certified Health Coach. **Over the course of three years, this group has 35% of its health plan members with diabetes regularly participating in the TrueLifeCare program.** As the number of participants has gone up, the medical costs for treatments and health issues related to diabetes has gone down.



Despite inflation in medical care and the progressive nature of diabetes, the PMPY medical for health plan members with diabetes decreased from year one to year three, while the PMPY for non-participants increased, as it typically does in any health plan.

In total, the TrueLifeCare program has saved this municipality more than \$4 million per 1,000 members with diabetes.

As the chart to the right shows, a principal contributor to this improvement is a considerable decrease in the number of inpatient hospital admissions and length of stay for employees with diabetes.



Let's work together to improve employee health and significantly lower your company's medical costs. Contact us today - 615.369.0707 or tellmemore@truelifecare.com.